## **COVID-19 EMPLOYEE QUARANTINE & ISOLATION PERIOD**

If you have tested positive for COVID-19 (regardless of vaccination status) \*

If you have been exposed to someone with COVID-19 and ...

## You should isolate for 5 days.

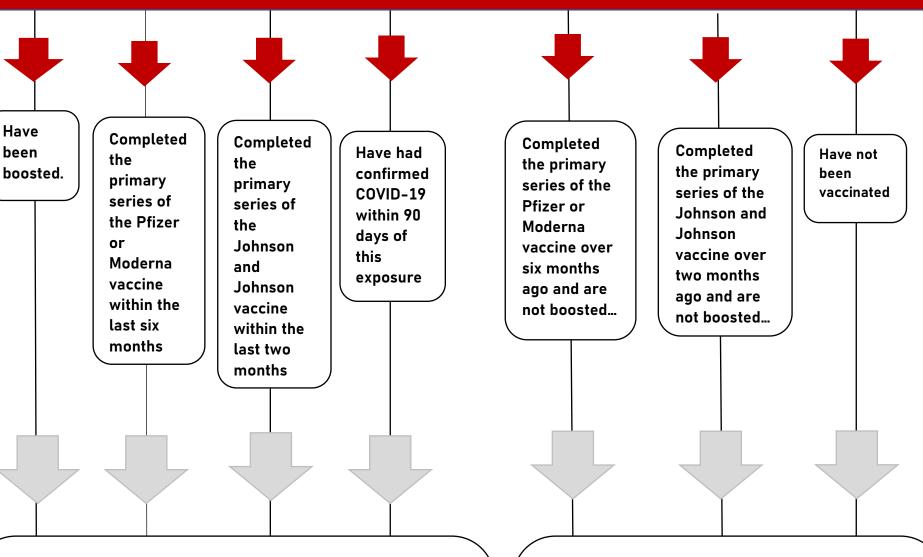
If you have no symptoms or your symptoms are resolving (fever free for 24 hours), follow that by five days of wearing a mask when around others.

You should also do the following:

- Contact your supervisor immediately: Your supervisor will ask about your recent activities on campus, and you may be referred to the Office of Human Resources.
- Complete the required <u>COVID-19</u> <u>Positive Test Reporting Form</u>,:

University employees are required to report that they are COVID-19 positive. This form must be completed by employees working on campus or remotely. Information capture on the reporting form is received by the Office of Human Resources and is kept confidential. This data is used to monitor the prevalence of COVID-19 throughout our university community.

 Visit the Office of Human Resources website. The Office of Human Resources has compiled a range of resources for employees, related to COVID-19. These resources include COVID-19 Employee Quarantine & Isolation Guidance and types of leave available to you.



- **Quarantine is not required**; however, you must report your exposure by completing the COVID-19 Exposure Reporting Form
- Wear a mask for 10 days after exposure, including at home to prevent household transmission.
- With no symptoms, testing is recommended at day five after exposure.

If you develop symptoms, stay home. It is recommended that you consult with a healthcare provider to help determine whether testing or treatment is needed.

- Quarantine for 5 days; report your exposure by completing the COVID-19 Exposure Reporting Form
- Follow that by five days of wearing a mask when around others.
- Without symptoms, testing is recommended at day five after exposure.
- If you develop symptoms, stay home. It is recommended that you consult with a healthcare provider to help determine whether testing or treatment is needed.